Township of Nutley Department of Parks and Recreation Commissioner Mauro G. Tucci



CONTEMPORARY DANCE

Contemporary Dance (boys & girls ages 6 - 8) This 6 week class will utilize elements from classical, modern and jazz -- any type of music can be used. As a result, your child will get to explore various musical genres allowing them to uniquely express themselves while they dance. Contemporary dance gives the dancer freedom to move at their own pace. There is no wrong or right way to dance in this style.

This class will help the dancer improve flexibility and build muscle strength. Studies show that children who take regular dance classes can help them to reduce stress and tension in both mind and body.

**************	************
024 5:00pm February 7, 14	
DN: \$75.00 NNEX BLDG.65 E ://register.com	Bloomfield Ave. munitypass.net/nutley
Р	hone #:
Age:	Birthdate:
Email	
e, release and discharge severally, from any clair thereto.	hereby (grant permission for said child to the organizers, sponsors, supervisors, coaches, n for injuries that may be sustained by said child or
	024 5:00pm February 7, 14 20N: \$75.00 NNEX BLDG. 65 F ://register.com P Age:P Email Email dult participant, does , release and discharge severally, from any clain thereto.

Please initial that you have read and agree to the Code of Conduct_____& Covid-19 Waiver_____