



BERNARDS TOWNSHIP HEALTH DEPARTMENT

262 South Finley Avenue, Basking Ridge, New Jersey 07920

(908) 204-2520. Fax (908) 204-3075. www.bernardshealth.org

Contact: Lucy Forgione, Health Officer/Health Director

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2019 Novel Coronavirus (COVID-2019) Weekly Update #67 – March 11, 2021

Bernards Township COVID-19 Testing

See below information for upcoming COVID-19 Testing on **March 18, 2021**

*Peapack & Gladstone Municipal Gym
1 School Street
Peapack, NJ*

**Appointments
begin at 9am**

[Register Here!](#)

[View flyer here \(English\)](#)

[View flyer here \(Spanish\)](#)



Travel Guidance for Vaccinated Individuals (at this time)

[New Jersey](#) strongly discourages all non-essential interstate travel. Individuals that have been vaccinated should continue to follow the State's travel advisory.

Travelers and residents returning from **any U.S. state or territory** beyond the immediate region (NY/PA) should self-quarantine at home and follow

[recommendations from the CDC:](#)

- If travel is unavoidable, travelers should get tested 1-3 days before the trip and again 3-5 days after the trip.
- If travelers test positive, they should **self-isolate for at least 10 days and should postpone travel during that time.**
- If travelers test negative, they should travel, then **quarantine for a full 7 days after travel.**
- If testing is not available after traveling (or if the results are delayed), travelers should **quarantine for 10 days after travel.**

What Can I Do When I'm Vaccinated?

VACCINATED with VACCINATED

- After receiving the final dose and waiting 14 days (after the second of a two dose vaccine or one dose of a single dose vaccine), vaccinated persons **can interact without restrictions among other vaccinated and those immune due to previous infection (in the past 3 months).**
- Vaccinated persons **do not need to quarantine** if exposed to a positive COVID-19 case.
- Remain **vigilant** – continue to adhere to infection prevention precautions in public like wearing a mask and physical distancing.
- Continue to avoid medium/large gatherings.
- Get tested if experiencing COVID-19 symptoms.

VACCINATED with UNVACCINATED

- Vaccinated persons can visit with unvaccinated people from a **single household who are at low risk for severe COVID-19 disease** indoors without masks or social distancing.
- Wear masks, practice physical distancing and adhere to other prevention measures when visiting people who are at risk for severe COVID-19 or who have an unvaccinated household member at risk for **severe COVID-19 disease.**
- Vaccinated persons can potentially be **symptomatic or asymptomatic carriers** of the virus and transmit it.
- **Adhere to all infection prevention precautions in public.**
- Unvaccinated persons should **quarantine if exposed** to a positive COVID-19 case.

UNVACCINATED with UNVACCINATED

- If unvaccinated persons come from **multiple households**, there is a **higher** risk of COVID-19 transmission. Anyone involved **should take infection prevention precautions** including wearing a mask, physical distancing and visiting outdoors or in a well-ventilated space.
- Continue to **avoid** medium/large gatherings.
- In public, continue to **adhere to all infection prevention precautions** – wear a mask, practice physical distancing, wash your hands and avoid large gatherings.
- Unvaccinated individuals should **quarantine if exposed** to a positive COVID-19 case and **get tested** if they experience any COVID-19 symptoms.

Updates from the Governor's Office

- [Outdoor gatherings](#) that are not religious services or ceremonies, political events, weddings, funerals, or memorial services will be capped at 50 individuals.
- Effective March 19th, the following businesses can [increase indoor capacity to 50%](#): Restaurants, recreational and amusements, gym and fitness clubs, barbershops, salons, and other personal care businesses.

Updated 3/11/2021

The Bernards Township Health Department is the contractual health agency serving Bernards Township, Bernardsville Borough, Chester Borough, Long Hill Township, Mendham Borough, and Peapack and Gladstone Borough. For update links and more information, visit: <http://www.bernardshealth.org>



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2019 Novel Coronavirus (COVID-2019) Resources and Links

COVID-19 Case Graphs per Municipality – Case counts come directly from raw data imported from Commcare by the Bernards Township Health Department.

Somerset County

- [Bernards Township](#)
- [Bernardsville Borough](#)
- [Peapack and Gladstone Boroughs](#)

Morris County

- [Chester Borough](#)
- [Long Hill Township](#)
- [Mendham Borough](#)

COVID-19 Weekly Activity Reports

- Provides data on COVID-19 transmission by six regions in NJ.
- Updated every Thursday.
- Used to determine school exclusion and other re-openings.
- This week NJ is overall **HIGH RISK**. **Somerset County (Central West) is MODERATE** and **Morris County (Northwest) is HIGH**.
- Click [here](#) to view the report ending the week of March 6th.
- Click [here](#) to view past week's reports.

NJ COVID-19 Vaccine Resources

- **Pre-Register for the Vaccine through NJVSS (NJ Vaccine Scheduling System)** – <https://covidvaccine.nj.gov/>
- <https://covid19.nj.gov/pages/vaccine>
- https://www.nj.gov/health/cd/topics/covid2019_vaccination.shtml

New Jersey COVID-19 Resources

- <https://covid19.nj.gov/> - Visit this webpage to get information on all things COVID-19 in New Jersey.
- COVID-19 New Jersey Dashboard + Positive Test Results available [here](#). Now including trends, hospital census, long term care facilities, psychiatric hospitals, demographics, contact tracing and school info. Updated daily.
- Somerset County NJ COVID-19 Status Dashboard available [here](#).
- Morris County NJ COVID-19 Status Dashboard available [here](#).
- Phone/Text Lines:
 - 2-1-1 for General COVID-19 questions (7am-11 pm)
 - 1-800-962-1253 for Medical Questions (24/7)
 - Text NJCOVID to 898-211 to receive alerts
 - Download COVID Alert NJ app [here](#)
- NJ COVID-19 Vaccine Phone Lines
 - State of NJ Hotline – (855) 568-0545 – Get help scheduling a COVID-19 vaccination appointment. Staffed with live agents from 8am-8pm daily.
 - Somerset County Hotline – (908) 231-7155 – Get answers to your questions about COVID-19 Testing and Vaccinations. M-F 8:30am-8:00pm, Sat 10:00am-4:00pm.
 - Morris County COVID-19 Hotline – (973) 829-8250 – Staffed 7 days a week during business hours.

Testing Updates – Click [here](#) for more information on free testing across New Jersey

- **NJ Testing Sites** – [click here](#) for the most up to date information including new locations and testing criteria.
 - **Morris County** – [Click here for Morris County Testing Locations.](#)
 - **Somerset County** – [Click here for Somerset County Testing Locations.](#)

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