



Student Engagement WEEKLY EVENTS!

Please note: Use your Student Portal Login to access all events hosted in a virtual Zoom session.

Digital Tech - Academic Preparedness

MONDAY 1/11

10:00 am to 3:00 pm **Welcome Back - Lee Campus**

Welcome Back Bucs! Need help finding classes? Look for our volunteers wearing "Ask Me" buttons around **Lee campus** for assistance!



11:00 am **Making Canvas a Cakewalk - Online**

Canvas has many features for success in your courses, whether online or in-person. This skillshop will show you how to submit assignments, adjust settings, use Google Docs, email professors and more in your Canvas courses. Hosted by Gaby Cordon. [ZOOM](#)

11:00 am to 1:00 pm **Puppy Palooza - Charlotte Campus**

Relieve some stress with sweet therapy K-9's of SWFL. Outside the Buc Store, **Charlotte Campus**.

12:30 pm **Hitting Proctored Exams Outta the Park! - Online**

Proctored (or monitored) exams don't have to be stressful. We'll teach you how to set up your room for success. We'll walk through Proctorio, the required technology, and where and how to take your exam. Hosted by Gaby Cordon. [ZOOM](#)



3:45 pm **Vinyasa Yoga - Online**

A practice of flow and breath. Presented by Rachel Mitton and coordinated by Lisa Caldwell. [ZOOM](#)

5:00 pm **Fusion Yoga - Online**

A mix of yin (posture) and vinyasa (flow to breath) yogas together. Presented by Rachel Mitton, coordinated by Lisa Caldwell. [ZOOM](#)



TUESDAY 1/12

10:00 am to 3:00 pm

Welcome Back - Lee Campus

Need help finding classes? Look for our volunteers wearing "Ask Me" buttons around **Lee**.

11:30 am

Involvement Fair - Online



Connect to the campus environment through FSW's clubs and organizations on ALL campuses!

Join us to learn about the many types of FSW's clubs and organizations. Coordinated by Linda Johnsen (also on Wednesday). [ZOOM](#)

3:45 pm **HIIT - Lee Campus**

Coordinated by Lisa Caldwell, presented by Mark Farbotko. **Suncoast Credit Union Arena**.



All Week! Pet Supply Drive on Lee

Student Engagement is hosting a pet supply drive for Gulf Coast Humane Society. Bring donations to Q-127, and to the quad outside Q on Lee.

WEDNESDAY 1/13

10:00 am to 3:00 pm **Welcome Back - Lee Campus**

Welcome Back Bucs! Need help finding classes? Look for our volunteers wearing "Ask Me" buttons around **Lee campus** for assistance!

11:30 am (15 min) **Guided Meditation - Online** Led by Profs. Olson and Lamos. [ZOOM](#)



11:45 am (1 hr) **Wellness Wednesday Chats - Online**

Anonymously submit a topic to be discussed or come tell us what's on your mind. This is your safe space to let it out. An FSW Mental Health Counselor joins host Jessica Russell. [ZOOM](#)

2:00 pm **Involvement Fair - Online** Get connected to the campus environment through FSW's many clubs and organizations on ALL of our campuses! Coordinated by Linda Johnsen. [ZOOM](#)

3:45 pm **Strength and Stretch - Lee Campus** Suncoast Credit Union Arena, Lee Campus.

THURSDAY 1/14

11:00 am **Mastering School In a Virtual Terrain - Online**



Find the silver-linings in the virtual learning environment! Build your flexibility and creativity, without getting 'zoomed out'! Hosted by Jessica Russell. [ZOOM](#)

3:45 pm **HIIT - Lee Campus**

This is a high intensity interval training class to work your cardiovascular and strength.

Coordinated by Lisa Caldwell, presented by Mark Farbotko. **Suncoast Credit Union Arena at Lee**.



5:00 pm **Restorative Yoga - Online**

Slow down your body through stretching and meditation. Coordinated by Lisa Caldwell and presented by: Rachel Mitton. [ZOOM](#)

FRIDAY 1/15



7:00 pm **Welcome Back Watch Party! - Online**

Join us for **Legally Blonde** and a chance to win great prizes! Check our online [Events Calendar](#) for details!

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